



Oregon State
University

Graduate International Student Resources

Need more information? Visit [The Office of International Services](#)

Academic

Graduate School Office

For admissions, finance, academic progress, and general questions:

gradschool.oregonstate.edu

Academic Success Center

Academic coaching, tutoring, and studying:

success.oregonstate.edu

Institutional Review Board

Human subjects research approval:

research.oregonstate.edu/irb

Center for Teaching and Learning

Teaching resources and support:

<https://ctl.oregonstate.edu/>



Grad Student Commons

The Graduate Student Commons, or Grad Commons, supports student success by providing independent, collaborative and facilitated learning experience

<https://guides.library.oregonstate.edu/graduate-student-commons>



Writing Center

Assistance with the formal and cultural conventions associated with academic English writing.

Graduate Writing Center:

gradschool.oregonstate.edu/graduate-writing-center

Student Multimedia Services Equipment

loan, poster printing and other

services: is.oregonstate.edu/sms

Valley Library

Services including library subject specialists, research databases, electronic theses and dissertations, and graduate workshops:

guides.library.oregonstate.edu/graduate-student-services

Disability Access Services

Accommodations, consultation, and advocacy for students with disabilities:

ds.oregonstate.edu



Social

Office of International Services

Engage with the Advisory Board, the International Friendship Program, etc.

<https://internationalservices.oregonstate.edu/students/exploring-here>

International Peer Mentoring Program

Become a peer mentor to help a new international student with transition and success at OSU. Apply online:

[IPMP Website](#)



INTO OSU Cultural Ambassador Conversant Program

A community member will help you practice English while introducing you to OSU and Corvallis.

Apply online: [CACP Website](#)

Corvallis Multicultural Literacy Center

Join conversation circles to practice English and join international events:

www.cmlcenter.org

SOL: LGBTQ+ Multicultural Support Network

Group focusing on Queer and Trans People of Color (QTPOC) that provides support through programming, advocacy, and more:

dce.oregonstate.edu/sol

Graduate Welcome Week

This is the Fall orientation to learn about the Graduate School and the many resources available to you.

<https://gradschool.oregonstate.edu/current-students/grad-welcome-week-2021>

Student Experiences and Engagement

Community service, student media, clubs and organizations, arts, leadership, and more.

see.oregonstate.edu/



Cultural Centers

Community space that celebrates various cultures through its seven cultural centers and educational events:

dce.oregonstate.edu

Student Organizations

OSU is home to many student organizations focused around cultures, hobbies, and other interests:

clubs.oregonstate.edu/findclubs

Social Justice Retreats

There are several retreats that support social change offered at Oregon State: Racial Aikido, Multiracial Aikido, International Student Social Justice Retreat, and Examining White Identity:

dce.oregonstate.edu/retreat

Health & Wellbeing

Crisis: Center Resources

Resources for dealing with crisis, making connections on campus, and immigration services:

<https://internationalservices.oregonstate.edu/crisis>



Student Health Services

Information on [immunizations](#), [health insurance](#), [graduate assistant insurance](#), etc.: <https://studenthealth.oregonstate.edu/>

Recreational Sports

Recreational Sports provides high-quality recreation, sport and fitness, including intramurals and sports clubs, group fitness and training, aquatics, safety, wellness, etc.

recsports.oregonstate.edu

Mind Spa

Meditation corner, massage chair, guided relaxation, and therapy lights:

counseling.oregonstate.edu/mind-spa

Counseling and Psychological Services

Find resources and counseling for times of stress or when in need of emotional support:

counseling.oregonstate.edu

SafeRide

Provides transportation service around Corvallis to safely get students home during nighttime hours:

asosu.oregonstate.edu/services/saferide

Legal

Crisis: Center Resources

Resources for legal matters regarding immigration as well as free student legal consultations with [ASOSU Student Legal Services](#):

internationalservices.oregonstate.edu/resources-osu

Religious Accommodations

Information on the process of requesting accommodation for various religious practices:

eoa.oregonstate.edu/nondiscrimination-basis-religion

ASOSU Office of Advocacy

Provides guidance to students who have a university-related dispute:

asosu.oregonstate.edu/advocacy

University Ombuds

A designated neutral or impartial conflict resolution practitioner, provides confidential and informal assistance:

ombuds.oregonstate.edu/what-ombuds

Bias Incident Response

Report incidents of bias in a confidential way, as well as find support:

leadership.oregonstate.edu/diversity/bias-incident-response

Coalition of Graduate Employees

Graduate employee union: cge6069.org

Financial

Scholarships

For an appointment to explore scholarship options, contact

international.scholarships@oregonstate.edu

External Scholarships

Benton Community Foundation
(541) 753-1603

bcfgives.org/scholarships



Graduate School professional development

Offering professional skills workshops and courses:

gradschool.oregonstate.edu/graduate-student-success/professional-development

Graduate School financing your education

Information on fellowships, scholarships, grad travel awards and assistantships:

gradschool.oregonstate.edu/finance

Career Development Center

OSU students have access to career events, resources, and career consultation specific to their goals: career.oregonstate.edu

For INTO OSU Services

Academic Support Team

Resources for registration, progression, appeals, and more:

intoosu.oregonstate.edu/academic-support-team

Learning Center at INTO OSU

Tutoring and Learning Center Library services for INTO OSU students: intoosu.oregonstate.edu/learning-center

Care & Conduct Coordinator @ INTO OSU

For student receiving International Direct/INTO OSU services, speak with someone who can help with adjustment issues such as culture shock, homesickness or confusion with U.S. rules and norms:

intoosu.oregonstate.edu/care-and-conduct

Find more resources online at INTO OSU's Student Support website:

intoosu.oregonstate.edu/student-experience



Family

Resources for International Families

Information on medical care, schooling, and more: [Bringing dependents](#)

Family Resource Center

Center with a playroom, lactation room, child care and resources for families:

<https://familyresources.oregonstate.edu/resources-services>

Childcare Services

Master list of various childcare resources:

<https://familyresources.oregonstate.edu/child-care>

International Moms Group

<https://www.internationalmoms.net/>